

Glasgow Odontological Society 2023-24 Programme of events

Elizabeth Glass, President 2023-24



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BOUTIQUE
WHITENING



Strictly confidential



Scottish Dental Study Club

Promoting Excellence in Dentistry

Welcome from the President

Welcome from Elizabeth Glass, President 2023-2024.

Welcome to the Glasgow Odontological Society and to our 2023-2024 programme of education – aimed at dentists in general dental practice, specialist practice, academic practice, and enthusiastic dental students.

Our Society was born out of the Odontoblast Club, originally a group of eight dentists who formed a society in 1902 at the Bath Hotel Glasgow. Meetings were held on the third Tuesday of the month from September to April. At a special meeting held in Glasgow Dental Hospital on 27 October 1903, the group decided to widen its membership and develop a society devoted to the dental profession. The following month the group changed its name to the Glasgow Odontological Society. This autumn's meetings celebrate 120 years of this wonderful group that brings together, educates, and provides social contact for like-minded dental professionals.

I am honoured and delighted to be invited to serve the GOS as President for the year. I would like to thank 2021-22 President Josephine Weir for proposing me to the committee and Immediate Past President Alun Scott for all his help and support. Alun provided a great year of education and his own presentation The End of Heavy Metal was brilliant – interesting and amusing in equal measures.

I would also like to give a special thanks to two people who do a huge amount of work for Glasgow Odontological Society.



Firstly, Frazer Murphy – Frazer qualified in 1985 and has been an active member of GOS throughout his professional life. He has served as an excellent Treasurer for many years and has been integral in guiding the society through difficult times, including the Covid years.

The other person I'd like to thank is Lizzie Todd, our super-efficient Secretary. Lizzie does a brilliant job, keeping track of all the arrangements for the evening lectures and the annual dinner.

I'm delighted to announce that we have speakers in Dental Radiography, Periodontics, Endodontics, Composite Restorations and Supporting the Whole Team. Our programme looks brilliant – thank you for supporting GOS. Please tell all your friends about it and get them to join.

Warm regards,

Elizabeth Glass



About Society Events

The Glasgow Odontological Society lectures are open to the whole dental team; members and non-members. This year's programme has been curated by Elizabeth Glass.

Times

18.30 Registration

19:00 Lecture with Q&A

20:30 Close

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Members and non-members can attend lectures by booking at <https://www.glasgowodonto.org/>

Feedback

Please share your experience with us after the events and let us know how we can further improve them.

CPD certificates

We will issue CPD certificates on completion of the feedback forms being submitted. Please keep an eye on your inbox for the feedback link. It will also be displayed at the end of lectures in the form of a QR code.

Important changes to arrival at meetings.

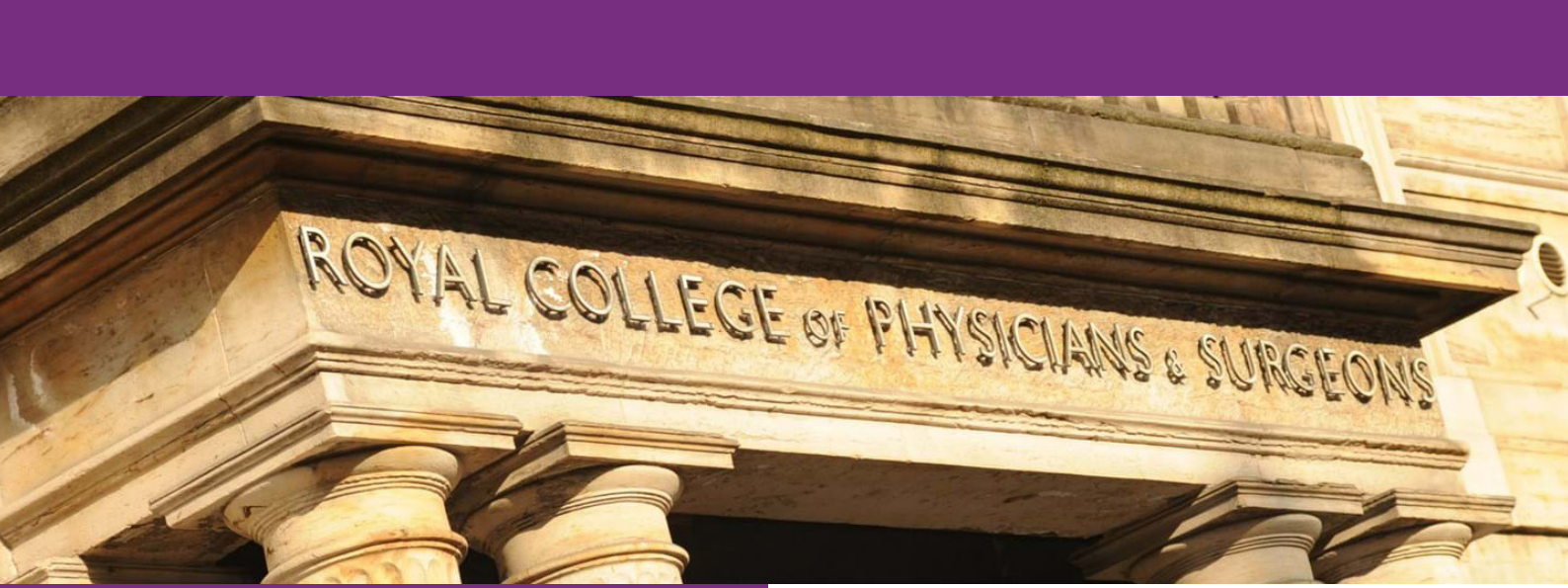
Due to a change in circumstances, we will no longer be accessing the lecture theatre via GDEC.

Instead, please enter after 18:30 via the main doors of GDH on Sauchiehall Street. Please buzz and let security know you are here for the Glasgow Odonto meeting.

The sign in sheet will be by the security desk, please sign this before heading straight up to the lecture theatre.

If you are already in the building, please still come and sign the sheet so that we have an accurate count for fire safety reasons.

We cannot guarantee entry after 19:00 due to the restricted swipe doors.



Annual Dinner Saturday, 2 March 2024

The Society's Annual Dinner is held at the Royal College of Physicians and Surgeons Glasgow, at 234-242

St Vincent Street, where we gather in magnificent surroundings for an evening of fine dining, after dinner speeches and social engagement.

We regularly have between 65 to 85 guests with members from both primary and secondary care.

The evening is also an opportunity to raise money for our president's chosen charity in our Odontological raffle, Dentists' Health Support Trust.

Booking

You can book your place via our website:

<https://www.glasgowodonto.org/annual-dinner/>

Book Now

Our president's chosen charity this year:



Help the Homeless Glasgow

We are a non profit group who go out regularly and distribute food, sleeping bags and other essentials to homeless people in Glasgow City Centre. Come join us!

HTHG's main activities are: Pop-Up Soup Kitchens, HTHG Furniture Project, Furniture Donations, Regular Rough Sleeper Counts.

Volunteers can get involved in a variety of ways including collecting, donating and distributing items.

[CONTACT via Facebook](#)

"Diagnostic Dilemmas – What Am I Actually Seeing?"

Kirstyn Donaldson
10 October 2023

Aim: The aim of this session is to understand how radiographic quality can affect diagnostic efficacy, to review bony and dental anatomy seen on radiographs and how to form a differential diagnosis for some of the most commonly referred radiographic appearances sent for radiographic opinions at Glasgow Dental Hospital.

Learning objectives

- use bony and dental landmarks to ascertain if radiolucencies/radiopacities are likely pathological, anatomical or artefactual
- create a differential diagnosis for radiopacities and radiolucencies within the jaws.
- confidently visualise the "red flag" radiographic signs for malignancy in the jaws.

Book Now



Open: 18:30

Lecture: 19:00

Venue:

Glasgow Dental Hospital and School
378 Sauchiehall Street
G2 3JZ

Development Outcome:
C

Members: Free
Non-member: £20
DCP: £5

1.5 Hr CPD

Kirstyn Donaldson

BDS, MFDS RCPSG, PgDip, DDMFR RCR

Kirstyn qualified from Newcastle Dental School in 2010 and moved to Glasgow to undertake her dental foundation training in the West of Scotland before starting specialty training in Dental and Maxillofacial Radiology in 2013. Her training encompassed placements in Dundee, Glasgow and Edinburgh dental hospitals with time spent with Head and Neck Radiologists. Kirstyn completed her specialty training in 2017 and then took up her current consultant post in Glasgow Dental Hospital. She is an honorary senior

clinical lecturer for the University of Glasgow and has published in multiple peer reviewed journals. Kirstyn won the British Society of Head and Neck Imaging Trainee Travel Bursary in 2016 and spent time at Guys Hospital, London to learn about minimally invasive salivary gland interventions.

She is the current Training Programme Director for Specialty Training in Dental and Maxillofacial Radiology in Scotland and has recently been elected as the next President for the British Society of Dental and Maxillofacial Radiology, a post that she will take up in 2025.

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"Periodontal Regeneration – Why, When and How?"

Mairi Henderson
21 November 2023

Aim:

- To have an awareness of the evidence and literature surrounding periodontal regeneration techniques
- To be able to identify patients who may be suitable for periodontal regeneration procedures and when the procedure should be performed.
- Be able to discuss periodontal regeneration procedures with patients confidently.

Learning objectives

- Understand the biology and science behind periodontal regeneration.
- Identify clinical indications for periodontal regeneration procedures.
- Have knowledge of the surgical techniques and biomaterials used in the regeneration of periodontal defects.

Book Now



Open: 18:30

Lecture: 19:00

Venue:

Glasgow Dental Hospital and School
378 Sauchiehall Street
G2 3JZ

Development Outcome:

A, C & D

Members: Free

Non-member: £20

DGP: £5

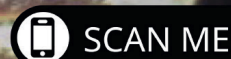
1.5 Hr CPD

**Dr Mairi Henderson BDS, Dip.MJDF,
MFDS RCS Eng, MCGDent, PG Cert Imp,
MClinDent Perio**

I graduated from the University of Glasgow in 2012 with a commendation. Whilst working in general practice, I gained my Diploma of Membership to the Joint Dental Faculty (MJDF) and MFDS through the Royal College of Surgeons England. I am also a Member of the College of General Dentistry. For a number of years, I have committed my professional development and training in the disciplines of Periodontology and Implantology

and now limit my scope of practice to these areas. I have a Post Graduate Certificate in Implantology and, more recently, have completed my Master of Clinical Dentistry (MClinDent) in Periodontology and Implantology at the Medical University of Vienna.

I am passionate about periodontics and have been fortunate to learn techniques from some of the most recognised periodontists in the world. I am very excited to join you and share some of this knowledge with you.



**Evolving Digital
Dentistry Solutions**

Alan Gilmour 5 December 2023

Aim: To inform dental practitioners about the Navigator service. To impart wisdom from a lived experience of the terror people can be living with and the vulnerability they can feel in a dental chair. To make dental practitioners aware of the key role they can play in a persons' recovery. To learn the detrimental impact a negative experience can have on a patient. To learn how manner and a gentle way can transform the experience into one with trust. The learn the value of taking time to reset between patients.

Learning objectives

- To understand how dentists may be perceived by a vulnerable patient and how best to behave in order to gain trust
- To understand the impact behaviour and manner can have on a patient and the knock-on effect that may have in their lives
- To understand the importance of resetting between patients

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Navigator

Navigator is a support programme based in the Emergency Department. Navigators provide psychosocial support for a wide range of issues; these include violence, alcohol or drug issues, mental health issues, domestic abuse, homelessness, social isolation and debt issues, and sadly often a combination of these things. Working with the individual they help them to connect them with services, both statutory and third sector that will help them to stabilise their lives and to move forward.

Alan Gilmour

Regional supervisor for Navigator & Youth Navigator & Medics Against Violence

Alan gained his Degree in Community Development from Glasgow University in 2015. He was one of the original Navigators in the pilot of the program at Glasgow Royal Infirmary in 2015. He used his life learning to bring an empowering process into the Navigator strategy involving a partnered approach across all sectors. He is passionate about bringing empowerment to those who need to cross the bridge into a fulfilling life.



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"Spots and Spaces - A Minimally Invasive Approach"

Tariq Bashir
23 January 2024

Aim:

- To learn about shade and colour in order to confidently shade match and make composite restorations more predictable
- To learn about references to close black triangles and diastemas to create naturally contoured restorations with papilla management.
- To learn about management of white spot lesions by resin infiltration with and without use of composite material.

Learning objectives

- Understanding shade and colour to confidently shade match and make composite restorations more predictable
- Use references to close black triangles and diastemas to create naturally contoured restorations with papilla management.
- Understand management of white spot lesions by resin infiltration with and without use of composite material.

Book Now



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Lecture: 19:00

Venue:

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G2 3JZ

Development Outcome: C

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1.25 Hr CPD

Dr Tariq Bashir BDS MFDS RCPSG MSc

Tariq Bashir graduated from University of Glasgow Dental School in 2005 and held SHO positions in hospitals throughout Scotland before settling at the Visage Cosmetic Dental Clinic, Glasgow in 2008.

He has travelled extensively and learnt from renowned clinicians including Newton Fahl, Pascal Magne, Didier Dietschi and John Kois. In 2018 he became the first graduate from Scotland at the prestigious Kois Center in Seattle.

He holds an MSc in endodontology from the University of Chester.

He has held a visiting GDP role in the

Restorative Dentistry Department of Glasgow Dental School and was also BACD Scotland representative and sat on the BACD Education Committee. In 2018 he co-founded the popular Scottish Dental Study Club with his wife Dr Saimah Ahmed. Tariq is also involved in postgraduate teaching through his own popular 'resin' composite training courses. Tariq features regularly in the dental media and was invited by BBC Radio Scotland to host the first Ask the Dentist programme and has since featured regularly.

tariqbashirdentistry.co.uk

scottishdentalstudyclub.co.uk



Scottish Dental Study Club

Promoting Excellence in Dentistry

The Scottish Dental Study Club have been providing colleagues with the highest levels of dental education with renowned clinicians from the UK and around the world.

Check out our website for our latest courses and join the mailing list to be informed of new courses being added for 2024.

scottishdentalstudyclub.co.uk



@scottish.dental.study.club

"Divas, Dramas and Dilemma's"

Rachael Bell

27 February 2024

Aim: To consider what the common dilemmas are in dentistry today and how that affects the practice as a whole and the individual team members.

Learning objectives

- Understand the most current dilemmas in dentistry
- Manage the pitfalls of the Instagram digital dentist life
- Understand the effect conduct and well-being have on everyday practice

Learning content

An insight into the Dento-legal life and modern dentistry.

Book Now



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G2 3JZ

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DGP: £5

1.25 Hr CPD

**Rachael Bell BDS MPhil PG Cert MFGDP
(UK) MJDF FCG Dent
Dento-Legal Adviser, MDDUS**

Rachael qualified at the University of Glasgow in 1991 (BDS) and gained an MPhil in Medical Law and Ethics from the University of Glasgow in 1997. Rachael worked as a general practitioner in mixed NHS/Private vocational training practices in and around Glasgow for 22 years, where she had an interest in dental anxiety and sedation. She is also a former clinical audit facilitator for Argyll and Clyde Health board.

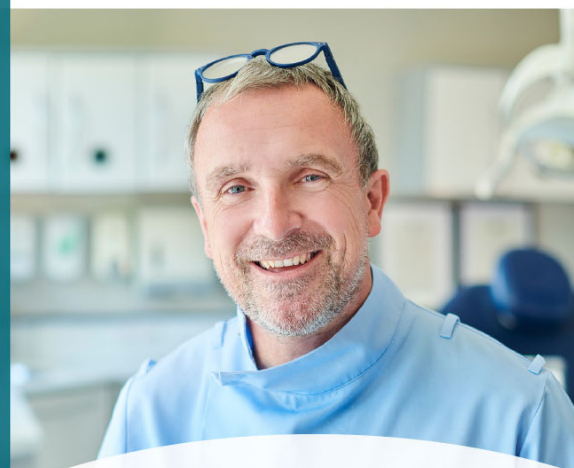
Rachael joined MDDUS in 2009 and was appointed as Interim head of Dental Division MDDUS in September 2023. Rachael was admitted as a Fellow of the College of Dentistry in June 2023.

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"Blood and bugs"

Alastair MacDonald 26 March 2024

Learning content

Endodontics is a constantly evolving speciality, despite the basic problems remaining constant - bugs invading bloodless body spaces. After 30 years in the speciality there have been many materials, techniques and instruments that have come and gone and some that have stood the test of time.

Aim: Aim of the lecture is to discuss the current philosophies in endodontics and advanced irrigation techniques in particular - are they better or just a different way of working? The information, and misinformation given to the patient to assist in their endodontic journey will also be discussed.

Learning objectives

- review current enhanced endodontic irrigation techniques
- discuss the way we explain the endodontic problem to patients
- demonstrate, with clinical cases, the complexity (and simplicity) of endodontics in clinical practice.

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1.25 Hr CPD

Alastair MacDonald BDS MSD FDS RCPS(Glasg)

Alastair MacDonald qualified BDS from Glasgow University in June 1985. During the 5 years he spent in General Dental Practice in Glasgow, he decided to specialise in Endodontics.

After a fact finding mission to the USA, where Endodontics has been an ADA accredited speciality since 1963, he entered a full-time 2 year programme in 1990 at Indiana University and qualified with a Certificate of Postgraduate Study (2 years) and

Master of Science in Dentistry in 1992.

His thesis, titled "Evaluation of an Apatite Cement as a Root End Filling Material", was published in the Journal of Endodontics in December 1994.

On returning to Scotland, Alastair established the first dedicated Endodontic referral practice. After 10 years in the West End of Glasgow, Alastair moved his practice to Charing Cross in 2004.



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